Welcome to Subway®, where great taste, freshness and variety come together for your enjoyment. This menu represents our commitment to helping you discover and maintain healthful eating habits while enjoying the foods you love.

We offer a variety of delicious sandwiches, salads and wraps, and encourage you to customize your order to satisfy your tastes. Our menu includes a complete listing of ingredients to help you make informed choices — so you can either eat sensibly or splurge. It’s all here for you. So enjoy! We’re glad you came.

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Feast your eyes on our mouthwatering selection of low-fat, high-taste sandwiches, each with only 6 grams of fat or less. Enjoy a different one every day of the week!

Mmm... Original, irresistible SUBWAY® classics... pilled high with your favorite fixings.

What'll you have today?

Veggie Delite™
Classic Tuna
Traditional Tuna, Cheese, Red Onions, Lettuce, Tomatoes, Pickles, Green Peppers and Olives.

Subway® Seafood Sensation
Classic Tuna, Seafood Sensation in a processed seafood and crab blend.

Cold Cut Combo
Turkey Breast, Red Onions, Lettuce, Tomatoes, Pickles, Green Peppers and Olives.

Counting carbs doesn't mean you have to give up taste. Try our delicious wraps and see for yourself. Make any 6-inch Sub a Wrap.

Vegetarian Wraps
Chicken & Bacon Ranch
Chicken Breast Strips, Monterey Cheddar Cheese, Bacon, Red Onions, Lettuce, Tomatoes, Green Peppers and Olives with Chipotle Southwest Sauce.

Turkey Breast & Bacon Melt
Turkey Breast, Bacon, Red Onions, Lettuce, Tomatoes, Green Peppers and Olive with House Sandwich Sauce.

Savory Turkey Breast
Turkey Breast, Lettuce, Tomatoes, Pickles, Green Peppers and Olives.

Classic Tuna
Traditional Tuna, Cheese, Olives, Lettuce, Tomatoes, Pickles, Green Peppers and Olives.

It's Your Choice

Fresh Ingredients
All sandwiches can be made with your choice of cheese, red onions, lettuce, tomatoes, cucumbers, pickles, green peppers, banana peppers, olives, salt and pepper.

Fresh Baked Breads
Choose one of our freshly baked breads—Italian, Wheat, Honey-Opal, Italian Herb & Cheese, Deli-Style Roll, or Wrap.

Enhance the flavor of your favorite sandwich by adding one of our delicious sauces: Mustard, Mayonnaise, Light Mayonnaise, Chipotle Southwest Sauce, Sweet Onion Sauce, Honey-Mustard Sauce, Carb-Conscious Ranch or House Sandwich Sauce (Italian Italian).

SUBWAY® packs extra helpings of taste and fun into these nutritious meals kids love.

Relax, you're at SUBWAY® so you can afford the little extras that complete your meal!

Luxurious Extras

Drinks
Cookies
Chips

Relax, you're at SUBWAY®, so you can afford the little extras that complete your meal!

Next you may have a craving for a hearty meal, nothing hits the spot like our substantial selections, made fresh and served hot to satisfy your appetite.

Meatball Marinara
Meatballs, with Marinara Sauce and cheese.

Italian B.M.T.
Cheese, Pepperoni, Genoa Salami & Ham.

Chicken & Bacon Ranch
Chicken Breast Strips, Monterey Cheddar Cheese, Bacon, Red Onions, Lettuce, Tomatoes, Green Peppers and Olives.

Turkey Breast, Ham & Bacon Melt
Turkey Breast, Ham, Bacon and Cheese.

Chicken Breast Strip, Lettuce, Tomatoes, Red Onions, Red Peppers, Green Peppers, and Olives.

* Nutritional Values do not include Salad Dressings or Croutons.

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